The Southern Nursing Research Society invites you to join us February 27- March 2, 2013, at The Peabody Little Rock, Three Statehouse Plaza, in Little Rock, Arkansas for our 27th Annual Conference, "Expanding Networks of Knowledge for Healthcare Innovations." You are strongly encouraged to register now, in order to take advantage of the early-bird registration discount rates. All SNRS Members registering online must use their member login and password to receive the member rate. Conference registration includes admittance to all sessions and exhibits, a CD ROM of all accepted abstracts, continuing education credits, continental breakfasts, refreshment breaks, reception, and the awards luncheon as listed in the program schedule unless otherwise stated. Early-bird registration deadline is February 1, 2013.

Preliminary conference information is available on the SNRS Annual Conference Web page. The SNRS Program Planning Committee has planned a full program with scholarly papers, symposia, poster discussion sessions, posters, plenary sessions, and networking sessions.

Doctoral students should make plans now to attend the SNRS Doctoral Student Pre-Conference. The Pre-Conference, organized
by your Student Network members, Tina Pettey (chairperson) and
program committee representatives Glenda Feild and Ann Johnson,
will be held on Wednesday February 27, beginning at 1 PM. The pre-
conference will focus on collaborations and partnerships among
nurse scientists (PhD) and advanced practice nurses (DNP), how
research is used to inform or change policy, and PhD career
trajectories in clinical practice, nursing education and administration.
This will be a great time to network with PhD and DNP nursing
leaders in research, clinical practice, policy and academia. The
Doctoral Student Network pre-conference is a great bargain at only
$50 (early bird, student member rates). After the pre-conference join
your student colleagues for the Student Network reception.

The National Hartford Center for Gerontological Nursing Excellence
(NHCGNE) in partnership with the Hartford Institute for Geriatric
Nursing (HIGN) NYU College of Nursing is offering a one day
workshop to actively engage junior and mid level researchers in
discussion and critical analysis of various components of research
proposal writing. The Southern Nursing Research Society (SNRS) is
working with the Centers and the Institute to offer this one day pre-
conference workshop on February 27th, 2012. The workshop will
focus on writing a problem statement, significance and need.
Participants are asked to come with a draft proposal on which they
are working. Proposals should focus on adult-gerontological issues
and/or implications for aging including prevention of chronic disease
and healthy aging. The workshop will help attendees articulate a
clear and concise statement of the problem and make the argument
for why it is an important area of research.

Join us during the Opening Reception on Thursday, February 28th at
the William J. Clinton Presidential Library, hosted by, UAMS College
of Nursing, UAMS Medical Center, and Arkansas Children's
Hospital.

Thank you,
Anne Turner-Henson, DSN, RN, FAAN
SNRS-Vice President
&
Dennis J. Cheek, RN, PhD
SNRS-Program Committee
SNRS- Communication Committee Liaison

Thank you to our current Sponsors!
Things to do in Little Rock
The **River Market District** - The Peabody Hotel (SNRS host hotel) in Downtown Little Rock is located in the city's River Market District. SNRS visitors will be within a short walk or trolley ride from restaurants, museums, boutiques, farmers market, and the Arkansas River Trail. Whether you are looking for an early morning stroll along the river or place to meet up with friends and enjoy the nightlife, the River Market District has something to offer everyone.

The Arkansas River Trail (also known as the Millennium Trail) is a pedestrian and cycling trail that connects downtown Little Rock to Pinnacle Mountain on the southern shore and downtown North Little Rock and Cook's Landing on the northern shore. The Big Dam Bridge and the new Clinton Presidential Park Bridge create a 14-mile pedestrian loop on the River Trail. The River Trail is made possible by four bridges, the **Junction Bridge** in downtown Little Rock, **Clinton Presidential Park Bridge** near the Clinton Library, the **Two Rivers Bridge** which connects River Mountain Park and Two Rivers Park and the Big Dam Bridge which connects the Arkansas River Trail in Little Rock to the Arkansas River Trail in North Little Rock. These bridges are open 24 hours a day and accessible to pedestrians, cyclists and skaters.

The loop passes through **downtown Little Rock** and North Little Rock. It takes you through some of the major city parks, like **Burns Park** in North Little Rock and **Murray Park** in Little Rock. The **Junction Bridge** is an elevated bridge and a perfect place for tourist visiting Riverfront Park to get some views of the Arkansas River. Taking the trail to **Two Rivers Park** takes you through a 1000-acre park with wooded wetlands and open fields.

The **River Trail** is great for birders. You can see everything from scissortail flycatchers to bald eagles on the River Trail. The trail winds through some well populated areas, but it also goes into some brushy, natural areas, especially in Two Rivers Park.

The **Medical Mile** is a unique section of the Arkansas River Trail located in Riverfront Park. Two dozen physicians with the state's largest cardiology clinic supported this part of the trail. The Medical Mile is the nation's first outdoor linear health museum, and was a rare collaboration between physicians and trail planners. The Medical Mile is designed to inspire people to make healthy choices and includes a wellness promenade with art depicting the importance of nutrition, smoking cessation, dental care and exercise. There is a 1,300 foot mural and the entry complex reminds people that body, mind and spirit are all connected.

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### 7th Annual Silent Auction

![Image](https://via.placeholder.com/150)

The primary mission of SNRS is to support nursing research. To that end, we are continuing, as part of our Annual Conference, a **Silent Auction** to generate funds for additional research grants.

For the past several years we have had a silent auction and raffle at the conference that has been extremely successful. All proceeds have been designated to help build a foundation for research grants for promising future nurse researchers. This year we hope to top previous years in terms of the amount raised! We can't reach this goal unless you help us through your generous donation of auction and raffle items. Individuals and schools have historically donated items valued at more than $50.00. Soft sacks were used last year and several "winners" loved the fact that they could carry their silent auction items on the plane or pack them easier.

Please consider submitting a soft sack filled with items to represent your school and/or region and help us raise money for research grants. The modest cost of creating the sack can provide advertising for your school and generates excitement about the silent auction.

More information regarding the silent auction can be found on the SNRS website at [www.snrso.org](http://www.snrso.org) or you may call the office at 877-314-SNRS (7677). Download a copy of the **Silent Auction Contribution form** today.
I look forward to meeting you and your faculty at the SNRS 27th Annual Conference. If you have any questions, please do not hesitate to contact me at nsblair@uark.edu.

Thank you,
Nan Smith-Blair, PhD, RN
SNRS Director of Development

SNRS Healthy Heart Walk

The first annual SNRS Healthy Heart Walk will be taking place bright and early on Friday, March 1st, at 6 a.m.... a GREAT way to start the beginning of your day at a WONDERFUL conference!

Designed to promote physical activity and heart-healthy living, the Healthy Heart Walk is a 2.2 miles walk through the city of Little Rock, beside the Arkansas River, along the River Trail, crossing the Beautiful Bridges, and passing by the William J. Clinton Residential Center... all that are infamous to the Natural State.

To register, please click the link here. Registration is $25. You will receive a beautiful Healthy Heart Walk t-shirt and a water. You may also register onsite that morning, though pre-registration is preferred.

Your participation will help us raise money for SNRS research scholarships. You may even make a friend along the way! And your heart will certainly thank you for it!

Mentor Pin

Mentors are invaluable members of the nursing discipline. The National League of Nursing position statement on mentoring recognizes mentoring as one of the key components to "facilitate the growth of future leaders in nursing". Are there mentors that have guided you, taught you and supported you along your nursing research journey?

Did you know that the SNRS has provided a way for you to recognize those mentors who have impacted your journey? You can recognize your mentor by purchasing a "Mentoring for Excellence for Nursing Research" pin for only $15 and the proceeds of the sale of the pin helps support the research endowment fund. The pin is meant to recognize and thank your mentor(s) and/or faculty member(s) for their excellence in mentoring. Second, with a pin purchase, the mentee has the opportunity to write a personal thank you to honor their mentor on the SNRS Mentor Wall at the time of purchase. Check out the Mentor Wall.

Let’s recognize our mentors and support the research endowment fund. Please purchase your pin today at the SNRS online store. They will also be available during the SNRS 2013 conference.

Hotel Information

The Peabody Hotel Little Rock
Three Statehouse Plaza
Little Rock, Arkansas 72201
Phone: (501) 906-4000

The conference will be held at The Peabody Hotel Little Rock in Little Rock, Arkansas. A special rate has been arranged. Call 1-501-906-4000 to make reservations. Please mention SNRS to receive the special rate of $149 Single/Double, $159 Triple or $169 Quad (plus taxes). The reservation cut-off date is February 2, 2013; thereafter the hotel will accept reservations on a space-available basis only at the current market rate.